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Zen (Chinese: 禅; pinyin: Chǎn; Korean: 선, translit. Seon) is a school of Mahayana Buddhism that originated in China during the Tang dynasty as Chan Buddhism. It was strongly influenced by Taoism and developed as a distinct school of Chinese Buddhism. From China, Chan Buddhism spread south to Vietnam which became Vietnamese Thiền, northeast to Korea and east to Japan, where it became known ...

Zen - Wikipedia

The Zen Koan Notebooks Course I Cracking the Code of the Zen Koan The Zen of Advaita-Vedanta The Teaching Mastery of Sri Nisargadatta Maharaj

The Zen Koan Notebooks - Stephen H. Wolinsky Ph. D.

Having developed awareness, the practitioner can now focus his or her consciousness on a koan as an object of meditation. Since koans are, ostensibly, not solvable by intellectual reasoning, koan introspection is designed to shortcut the intellectual process leading to direct realization of a reality beyond thought.

Zazen - Wikipedia

Neil Gaiman (1960-) is one of the best fiction writers in the world in my opinion. His work covers novels, short-stories, children's books, comics, film, television - pretty much the whole pop-culture gamut. This quote is taken from Gaiman's commencement address at the University of the Arts in Philadelphia, which was all over the internet last week.

ZEN PENCILS # 50. NEIL GAIMAN: Make good art

Origines. La légende de l'origine de la tradition zen et de la lignée de ses maîtres remonte à un sermon du Bouddha Shakyamuni à ses disciples alors qu'ils étaient réunis sur le pic des Vautours, relaté dans le Lankavatara Sutra.. Pour tenter d'expliquer un point de son enseignement, il se contenta de cueillir silencieusement une fleur d'udumbara.

Zen - Wikipedia

Traditional Culture. On the surface, Japan appears exceedingly modern, but travelling around it offers numerous opportunities to connect with the country's traditional culture.

Japan travel | Asia - Lonely Planet

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Tango Zen: Walking Dance Meditation: Chan Park

"No two people see the external world in exactly the same way. To every separate person a thing is what he thinks it is -- in other words, not a thing, but a think."

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